

bnRj ejj Wv cwiPvZ

W. mvBtq` ggnv`\$ gvn` x RvŌdix

msKj K :

Avj nv<sup>3</sup>/<sub>4</sub> tgnv`\$ mwigDj nK

wemigj,wni ivngwbi ivnxg

# 1- bvnRj evj vMv vKfvte mskWj Z nq?

## Avj.vgv ^mq` kixd ivhxi fvgKv

cig Ki"Yvgq ` qvevb Avj.vni bvtg`i i" KivQ|

cimgvPvi, cksmv Avj.vni Rtb", vhw b cksmvK KtitQb tbqvgmgfni Rb" veibgg, Zui cixvimgfni Rb" Avkq`j, Zui tetnkZmgfn hvevi cvt\_q, Zui AbMdmgn epv Kivi KviY I Dcv`vb `f|c| Avi `yf Zui ivm`j i Dci, vhw ingtZi bex, BgvvMtyi Bgvv, Rbgvb`li D3/4j AvtjvKewZRv, m`sbZ eskm`li ga` nZ gtbvbxZ cPxb gh`vi Drtmi avivewnKZv, tMŠie`xš Hwzn`avivi cEZR, dj evb cIc`te miv4Z mD`P et`ji dmj | Avi Zui Avntj evBZ0 (cwi evi-cwi Rb)-Gi cIZ, huiv AUKvti Avtjvi c0xc, D`\$Zi i`vKeP, 0x`bi mgj4j I m`u0 `i" fvi AvtjvK-vgbvi I tkd`Zi cwi gvcK gvb`E, Zv` i mevi cIZ Avj.vni ingZ ewl`Z tnvK, Ggb ingZ, hv nte Zv` i m`sb I gh`vi Rb" h`vthM", Zv` i c0P0v I k`gi Dch`p cj`"vi Ges Zv` i cweI kvLv-c0vLv I Drmmgfni mvt\_ mvgAm`cY, hZw` b ch`D3/4j tfvi Avtjv vewKiY Kite Ges tkl ivtZi Zvi Kv A`vgZ nte, ZZw` b|

Avgi hLb thŠebKvj, ZLb BgvvMtyi (Avj vBingv m`j vg) `enk0" mŠtU Ggb GKlvbv vKZve iPbv`i i" Kwi, hvi gta` Zv` i tMŠiegg Rv`tbi BwZnm I Zv` i iZM`evYxi mgv0 AŠf` \_vKte| Avgi G KvRi D`I k" m`utK`G vKZvtei`i i"tZ D`j.L Kti vQ|

AZtci Awgi`j tgv`gubb Avj x (Avt) Gi `yvejx I `enk0"mgfni veeiY tkl Kwi | vKŠ' Kv`ji `ve`vK I AMvYZ evav vewE AvgtK ev` evKx vKZve tkl Kitz evav c0vb Kti | hv vKQz vj`LwQj vg, Zv KtqKw Aa`vq I cwi`"Qf` veb`"-Kwi | Zv`Z tkl Aa`vq vQj Awgi Avj vBnm m`j vg t`\_tk ewl`Z Dc`k, ZEK\_v, Dcgv I tQv tQv gj` evb evK` | G Ašk` xN` LyZev I ve`wv Z cImgfni eY`v vQj bv| Avgi eU` i gta` Atb`K G Aa`vq`K AZ`Š-c0` Ktib Ges Zui `j` vK`Yxq velq`\_tjvi Kv`tY ve`\$q Awf`fZ nb| Zui D3/4j evK`vskmgn Zv` i gv` Kti | Zui AvgtK Ab`iva Ktib, thb Awgi`j tgv`gubb (Avt)-Gi vbe`PZ e3`e` evYx mŠtj Z GKw MŠ' iPbv Kwi, thLv`b Zui e3`e` I Dw3`i mKj kvLv-c0vLv, Zui LyZev mgn t`\_tk`i i" Kti cI, Dc`k I mwnZ" mevKQz AŠf` \_vK| tKbbv, Zui vRv`tZb, tmB e3`te`i gta` Avix mwnZ`i ve`\$Ki evK`vjsKvi, `j` m`je`fvlv`k`j x, bhxi vewx ewMvZvi gwY-gwYK" Ges agv` I cwi`\_ü` qM0x velq`w` mib`v`kZ itqtQ| Gme `enk0" GKtI Ges me`Zvfvte Kv`iv tKvb e3`te` ev vKZvte cvlqv hvq bv| tKbbv GKgvI Awgi`j tgv`gubb nteb Ggb mEv, vhw ewMvZvi SY`Drm I evK`vjsKv`i m0v| Zui 0vivB mwnZ`i `B gvbi Zec`KwKZ n`qtQ Ges Zui t`\_tkB Gi i`wZ-bwZ MpxZ n`qtQ| th tKD PvBte, vbtR LyZev I fvly t`te Ges LZxe vntmte L`wZ AR0 Kite, Zv`K Aek`B Zui Abmiv Kitz nte| Avi th e`w3` me3`v vntmte c0Zw0Z n`Z PvBte, Aek`B Zui evYx I eP`bi mrvh` vbtZ nte|

G m`Zji ewMvZvi A1/2b vZvb mevB`K Qwotq tM`Qb, Ab`iv Zui wQzaitZi cv`i vb| wZvb gbhtj gKmt` tcŠtQ tM`Qb Ges evKxiv GLt`v hvlvct`\_i i`tZ itq tM`Qb| tKbbv Zui eP`b itqtQ tLv`vqx Av`bi i0 tgv`t`v Ges bexRxi Kvj`v`gi m`MÜ Qov`bv| Kv`RB

Gt¶¶T weivU cÜB, e'vcK L'wZ I weivU cÜZ` vtbi K\_v gv\_vq titL Awg Zvt` i Abtvtfa  
mvov w`tq`ii" Kijvg Ges Gi AšvbnZ AMwYZ dhxj Z I `Y-Mwivg Qvovl Awg Gt¶¶T  
Awgi"j tgvfgvbb (Avt)-Gi gnvb ghPv Ztj aitZ tPtqvQ| tKbbv wZvb Gi Pöš-Mšte`  
tcÜvi t¶¶T ceZxP i Qwotq tMtQb, hv` i KvQ t\_tK Lp` -f cwi gvYB ewZ ntqtQ| wZvb  
mevi gta` -Z`i| veikó| Zui e³e` Ggb mMtii gZ, hvi Kj-wKbviv tbB Ges hvi cwb  
wMÄb Kti tkl Kiv hvte bv, Ggb GK mgvó, hvi cwi gvc Kiv Amæ|

Awg Avgxi Avj vBnm mvj vg Gi tMŠie I ghPv ešvfbvi Rtb` Kue

dvi v`vK Gi D×vZ w`tZ PvB t

tn Rixi! Giv ntj b Avgvi ceEj"l

Avgiv hLb GKwZ nB,

Zvg wK Zvt` i mgK¶| KvDtK `we KitZ cvi?

Awg t`LwQ th, Zui e³e`mgn wZvU velqtK tk`a Kti AvevZ| cÜg nt`Q t Zui  
fvly I digvbmgn| wZxqt cÜvejx I evYmgn| Ges ZZxq t Zui Dct`k I cÄvcY<sup>©</sup>  
evK`mgn| AZGe Avjvn cvtKi ZvldxtKi Dci fimv Kti cÜtg Zui my`i fvlymgn vbtq  
"ii" KivQ| Gici AfZce<sup>©</sup>cÜvejx| metktl Zui izmgZj` cÄvcY<sup>©</sup>evK`mgn tktQ  
vbtqvQ| Gi cÜZ`K tkYxtK GKwU Aa`vq I c\_vK c\_vK cwi t`Q` web`-KtiwQ| hv` tKvb  
velq Avgvi nvZQvov ntq`\_vtK, Zv ntj thb H vej tš`cÜB velq`\_tjv mibtevkZ Kiv hvq| Avi  
hv` Zui e³te`i tKvb velq cÜkvEi cÜt½ ev Ab` tKvb DtI tK` Avgvi vbañ Z Aa`vtqi  
mv`\_ mvgAm`cY<sup>©</sup>bv nq, Zv ntj Zv h\_vh\_ I Atc¶KZ mvgAm`cY<sup>©</sup>astk mibtevkZ KivQ|  
ntZ cvti, Gme vbePZ e³te` wKQz wKQz msMwZvxb AskI Gtm tMtQ Ges web`vm I k;Ljv  
Qvov evK`\_tjvtK Awg web`-KivQ| tKbbv, G wKZvte Awg ve`šqKi m¶ZÉj I Avtj vPZ  
evK`vsk`\_tjvi mibtek NwU tqvQ, Avi Gi HwZvwmK tkYx-web`vm I mvgAm` veavb Avgvi  
DtI k` wQj bv|

Awgi"j tgvfgvbb Avj x Avj vBnm mvj vtgi ve`šqKi I AZj bxq`evkó`mgñi gta`-hvi  
fvMx`vi Avi tKD ntZ cvti bv-Ab`Zg nt`Q Zui Dw³mgñi eÜgwñKZv| hv` tKD  
AvZñshg, Dct`k-bvnmZ, ciKvtj i K\_v `šiy Kwitq t`qv, Ab`vq t\_tK weiZ ivLv cÜvZ  
veltg Zui K\_vmgn ctob I Zv vPšv-fvebv Ktib Ges ZvtZ G K\_v `šiy bv ivLb th, Gme  
K\_v Zui gZ GKRb gnvb I cÜvekjx tjvtKi Dw³, hvi ¶lgZv mKj tK cwi teób Kti AvtQ,  
Zv ntj gtb GZUKb mt`n RvMte bv th, Gme K\_v Ggb tjvtKi gv` vbmZ, hvu Rxtb  
AvZñshg Qvov Avi wKQz fvgKv tbB Ges Bev`Z-et` Mx Qvov hvu Avi tKvb e`-Zv tbB, hvub  
Zui Ntii tKvtY gv\_v`\_tR etm AvtQb ev`\_ybvq t\_tK vev`Qbontq tKvb vBR<sup>®</sup> cePZi tKvtj  
etm vbtRi AbfñZ Qvov Avi wKQB`ibtZ cvb bv Ges vbtRtK Qvov Avi KvDtK t`tLb bv|  
Gifc Abgvbl KitZ cvti bv th, Zv Ggb tjvtKi K\_v, hvub iyv½tY AeZxY<sup>©</sup>ntq DæP  
Zievix vbtq M`<sup>®</sup> Dvotq t`b Ges exithv`vt`i aivkqx Ktib, hLb hv`xi gq`vb t\_tK  
vdtib, ZLb Zui Zievix ntZ i³ Sti cotZ`\_vtK| Avi Kwj Rvi UKiv`\_tjv Zui mv`\_ SjtZ  
\_vtK| G mtZj| wZvb`\_ybvqi mKj AvZñshgx Ges mKj`evPtIi tPtq Awak`evPĪgq| G  
velqul tmB gnvgnZi ve`šqKi `Y-Mwivg I tmB gnvghP`vevtbi Ab`Zg`evkó`, hvub

wecixZ,tjvtK GK vtb mwšuj Z KtiQ Ges wevBt iK GK tkt` mgtek KtiQb|  
evievi Awg Avgvi fvBt i KvQ Gme velq AvtjvPbv KtiQ Ges Zvt i wešqtevatK RvMž  
KtiQ| Avi G velqv ev e I GKvš-mZ", hv wKvYxq I wPšv-Abv vbi `vex`vi |

tKvb tKvb mgq nq tZv Zui Gme wbePZ Dw<sup>3</sup> i ga` tKvb kã KtqK evi AvmtZ cvti ev  
tKvb velqci cpivejE nZ cvti | G tñtñ Avgvi `KudqZ n`Q, Zui evYx I e<sup>3</sup>e` mæútK<sup>©</sup>  
ti lqvqtZmgn ci`úi cv`R`cY<sup>©</sup> KLtbv KLtbv Ggbl nqtQ th, tKvb wbePZ K\_v GKLvov  
ti lqvqtZi mvt\_ mZvZcY<sup>©</sup>nqtQ Ges Hfvte DñLZ nqtQ| cti Aci GK ti lqvqtZ  
cŃtg thfvte evM<sup>2</sup> nqtQ Z`tcñv wfbfvte ev wbePZ e<sup>3</sup>te`i tPtq Avakgvlvq kã wbtq ev  
AvakZi m`i fvlvq cvlqv tM<sup>2</sup>| ZLb Ae`vi `vex Ges Zui Avmj e<sup>3</sup>e` msiñtYi e`vcvti  
cñj AvMñi etk cpivq ti lqvqtZi H eYvñKI DñL KtiZ eva` nqvñ| tKvb tKvb  
tñtñ mgqi e`eavbi KvitiYI Gkevi wbePZ evK` cpivq wbePZ nIqvi KviiY nqtQ|  
Avi GB cpivejE Avb`Ovq I fj µtg nqtQ, B`OvKZ I gtbvthvMi mvt\_ nq vb| Awg `we  
KivQ bv th, Awg Zui K\_v I ePbmgn mKj w KtK AvqZ; KtiQ Ges Zui tKvb `j<sup>©</sup> ev  
vej evK` Avgvi nvZovov nq vb| nZ cvti, G KvRvI Avgvi bMvñi evBti Ges Avgvi ev e  
mvg<sup>2</sup>\_<sup>9</sup> DñY<sup>9</sup>Qj | Avi Avgvi n`MZ hZUKb AvQ, Zv evBti hv AvQ, Zvi Zj bvq AtbK  
Kg| Zte nq tZv wbtRi kv<sup>3</sup> I mvg\_`Abhvqx tPov Kti t`Lvi tekx wKvZ Avgvi Dci `wqZ;  
tbB| Avi ct\_i w kv t`qv Ges c\_`wbt`k<sup>3</sup> ntv gnvb Avj.vn Zvjvi GKvš-AbMñ-Bbkv  
Avj.vn|

Awg G MštK G KvitiY ōbnRj evj vlvñ bvgKiY KtiQ, thb Zvi Aa`vqmgn cvtKi  
mvgtb D<sup>3</sup> nq Ges mUvbt iK Zvi Pvlqv I jtñi vbKUeZ<sup>©</sup>Kti| GB wKZve QvI I  
Avbx gbxl<sup>2</sup> i Pwn`v cty Kti| Abjcfvte evM<sup>2</sup>, i`xvvlx I AvZvsg<sup>2</sup> i cŃ`vkv cty  
Kti| Gi cvkvck Zvl n` I b`vqvePvi Ges mñi mvt\_ mv`k` t`tK Avj.vn Zvjvi cveI Zv  
velqK we`sqKi Dw<sup>3</sup>mgn itqQ, hv cŃZ`K Zvl Z`u`tqi Zov wbeviY Ges th tKvb tivñMi  
Dckg Avi `x Avtjvi wevKitiY th tKvb mt`ñi Actbv`b Kti|

gnvb Avj.vn mēvovū Zvjvi KvQ Zvl dxK I wbcvEv cŃ<sup>3</sup> KivQ| KvRi mWkZv I  
mñvñ` Kvgbv KivQ| fvlvi T`W<sup>2</sup> cte<sup>©</sup>`tqi T`W Ges cvtqi ōj tbi cte<sup>©</sup>Li ōjb nZ  
Zui KvQ Avkq cŃ<sup>3</sup> KivQ| wZvb Avgvi GKgvI Aej šb Ges mte<sup>©</sup>Eg cŃcvlK|